

Personal stress interfering with your work life? Maybe it's time to call SEAP

SEAP Member Benefits

- Up to 3 Free Assess & Refer Sessions
 - Unlimited Episodes
- Full Coordination with PEBTF Benefits
 - 1-2 BriefTherapy Sessions Free
 - Marital and Family Counseling
 - Legal Consultation
 - Financial Counseling
 - Mediation Services

Who is Eligible?

- Employee
 - Spouse
- Significant Other
- Dependent Children
 - Adult Children
- Other Household Members

State Employee Assistance Program

Confidential Help with Life's Concerns

1-800-692-7459

TT 1-800-824-4306