

PENNSYLVANIA LEADERSHIP CHARTER SCHOOL

Sudden Cardiac Arrest Response Guideline

Goal: *To increase an individual's chance of survival after experiencing sudden cardiac arrest.*

Procedure:

First Responder:

1. *Instructs nearby staff members to:*
 - A) **Page "Code Blue and the location of the victim" Repeat the Announcement.**
 - B) **Instruct nearby personnel to retrieve the AED.**
- *****If alone, the first responder should dial "911" and get the AED**
Stays with victim and assesses the safety of the incident scene.
2. *Evaluates the health status of the victim using universal precautions.*
 - A) *If the victim is alert/conscious, places them in a comfortable position, evaluates whether EMS is required, and monitors victim until EMS arrives. Keep victim calm.*
 - *****The AED is only used on victims without a pulse**
 - B) *If the victim is unconscious and without a pulse, the responder begins CPR, or allows a Code Team member to initiate CPR until the AED arrives; Trained personnel should then connect electrodes to the victim for cardiac evaluation and follow instructions from AED until EMS arrives.*

Office staff:

1. *Notifies emergency services by **dialing 911** and provides location and any known details.*
2. *Notifies School Nurse, building director and Administration of incident.*
3. *Meets EMS at door and escorts them to incident site.*

CODE Team:

1. *Reports to the incident site with the AED.*
2. *Assesses scene safety and uses universal precautions.*
3. *Assesses the victims' status. If CPR is already in progress, assist in administration and prepare AED for use.*
4. *Apply electrodes from AED and follow prompts as provided.*
5. *Continue CPR, if instructed to do so by AED or monitor victims' status until EMS arrives.*
6. *One CODE team member completes an incident report during the emergency.*

PLEASE REMEMBER THESE *CONTRAINDICATIONS TO AED USE:*

1. **CONSCIOUS VICTIM**
2. **BREATHING VICTIM**
3. **VICTIM HAS A PULSE**
4. **SCENE CONDITIONS ARE NOT VIABLE/SAFE i.e. wet**