APPENDIX C – PENNSYLVANIA DEPARTMENT OF AGING PROGRAMS AND SERVICES

APPRISE
APPRISE - State Health Insurance Assistance Program provides assistance with understanding Medicare and Medicaid eligibility benefits, Medicare supplemental insurance, Medicare HMOs Medicare prescription (Part D) benefits, and long-term care insurance. Trained volunteers and staff assist in filing appeals and grievances for denied services.

Attendant Care
This program provides in-home personal care services to persons who cannot perform daily living tasks by themselves to remain independent in their own homes.

Domiciliary Care Services
Supervised living arrangement in a home-like environment for adults who are unable to live alone because of difficulties in accomplishing activities of daily living or who experience social or personal adjustments resulting from disabilities.

Employment Assistance
The Senior Community Service Employment Program (SCSEP) provides low-income older persons part-time training opportunities in public and non-profit agencies. In addition, some Area Agencies on Aging provide job brokerage services for older workers, matching job seekers with available jobs in businesses, private industries and public agencies.

Family Caregiver Support
Qualified families may receive financial support in caring for an older person in their home. In addition, one-time grants for renovations and on-going support to cover out of pocket expenses are available. There are financial eligibility criteria.

Foster Grandparent
Serve as mentors, tutors and caregivers for at-risk children and youth with special needs through a variety of community organizations including schools, hospitals, drug treatment facilities, correctional institutions, Head Start and day care centers.

Healthy Steps for Older Adults and Healthy Steps in Motion
An evidence-based fall risk reduction initiative the department intends to use to educate older adults statewide about the multiple factors that predispose them to falls and the proactive steps they can take to reduce their risk of falling.

Housing
The Department of Aging and the local Area Agencies on Aging can provide lists of retirement communities and long-term care facilities. Additional information is also available regarding reverse mortgages and assisted rental housing. Area Agencies on Aging may also offer information on local programs available to help with home repair and rehabilitation.

Information/Referral
Each Area Agency on Aging has trained staff available to answer questions and make referrals to other agencies in the community that provide the specific services needed by the individual.

Legal Assistance
Counseling on benefits and rights, wills, taxes and other legal matters may be provided by an attorney or non-lawyer to older persons with economic or social needs.

Community Transition Services
Assists institutional facility residents who choose to live independently in the community to access support and services in the community.

Older Adults Daily Living Centers
Older adult daily living centers provide therapy, recreation, meals and support to families and other caregivers who work, or for other reasons can't provide around-the-clock care for a dependent adult.

Ombudsman
An ombudsman is a resource available to investigate and help resolve complaints made by or for older consumers of long-term care services residing in institutional facilities, personal care homes, older adult daily living centers and community settings. Ombudsmen provide information about consumer rights and long-term care issues. Ombudsman services are confidential and available at no charge.

Options Program
Provides comprehensive assessment, care management and in-home services for persons over age 60 who wish to remain at home with adequate care.

PACE
Pharmaceutical Assistance Contract for the Elderly (PACE) helps to pay for prescription medications for Pennsylvania residents, 65 years of age and older. There is financial eligibility criteria.

PACENET
A second tier of eligibility under the PACE Program which extends eligibility income limits. There is financial eligibility criteria.

PRIMETIME HEALTH
A program designed to encourage disease prevention and provide health information and programs for older consumers regarding chronic conditions, nutrition, exercise, incontinence, mental health, injury prevention, alcoholism and medication management. Programs are offered at senior community centers, senior housing facilities, retiree clubs, church groups and community health events.

Protective Services
This program protects Pennsylvanians 60 years of age and older from abuse, neglect, exploitation and abandonment. Reports may be voluntary/confidential. Reports are investigated to determine if the older person is being abused. The types of services depend on the abused person's immediate needs.

Senior Community Centers
Most communities have senior community centers where older people can get together for social, recreational or educational activities and nutritious meals. Some centers also provide older adult daily living, employment opportunities and transportation.

Services Provided in the Home
Services covering a wide range of needs are provided in the home such as home health care, personal care, respite care, household chores and home-delivered meals.

Transportation
Area Agencies on Aging provide transportation assistance to older persons in getting to and from senior community centers, medical facilities, human service agencies and stores for shopping.

Volunteer Services
Volunteer opportunities available through Area Agencies on Aging typically include such activities as helping in senior community centers, escorting frail individuals to medical appointments, delivering meals to homebound individuals, serving as friendly visitors and companions and helping in older adult daily living centers.

Waiver Program
Provides in-home services to consumers age 60 and over who have increased medical needs but would like to be cared for at home. There are financial eligibility criteria.