

Healthy People 2010

Focus Area 01 - Access to Quality Health Services - Pennsylvania

Objective 01-01a

% children/youth under 18 with health insurance

Source: U.S. Census Bureau, Current Population Survey (CPS) Annual Social and Economic Supplement (ASEC)

Objective 01-01

% adults under 65 with health insurance

Source: PA Department of Health, Behavioral Risk Factor Surveillance System (BRFSS)

Objective 01-04c

% adults with specific source of ongoing care

(age-adjusted to 2000 std population)

Source: PA Department of Health, Behavioral Risk Factor Surveillance System (BRFSS)

Objective 01-09a

Hospitalization rate for pediatric asthma (persons under 18)

(discharges per 10,000)

Source: PA Health Care Cost Containment Council

Objective 01-09b

Hospitalization rate for uncontrolled diabetes (persons 18 to 64)

(discharges per 10,000)

Source: PA Health Care Cost Containment Council

Objective 01-09c

Hospitalization rate for preventable pneumonia or influenza (persons aged 65+)

(discharges per 10,000)

Source: PA Health Care Cost Containment Council

Healthy People 2010

Focus Area 02 - Arthritis, Osteoporosis, and Chronic Back Conditions - PA

Objective 02-02

Adults with doctor diagnosed arthritis whose usual activities are limited in any way by arthritis

(age-adjusted to 2000 std population)

Source: PA Department of Health, Behavioral Risk Factor Surveillance System (BRFSS)

Objective 02-04a

Overweight and obese adults diagnosed with arthritis who have been counseled in weight reduction

(age-adjusted to 2000 std population)

Source: PA Department of Health, Behavioral Risk Factor Surveillance System (BRFSS)

Objective 02-04b

Adults diagnosed with arthritis who have been counseled to do physical activity or exercise

(age-adjusted to 2000 std population)

Source: PA Department of Health, Behavioral Risk Factor Surveillance System (BRFSS)

Objective 02-05a

Adults ages 18 to 64 diagnosed with arthritis who are unemployed or unable to work (students, homemakers, and retired removed)

(age-adjusted to 2000 std population)

Source: PA Department of Health, Behavioral Risk Factor Surveillance System (BRFSS)

Objective 02-06

Racial differences* in total knee replacement crude rates

(ages 65 and older)

* percent difference between white and black crude rates per 100,000 population

Source: PA Health Care Cost Containment Council

Objective 02-07

Adults with chronic joint symptoms who have seen a health care provider for those symptoms

(age-adjusted to 2000 std population)

Source: PA Department of Health, Behavioral Risk Factor Surveillance System (BRFSS)

Objective 02-08

Adults diagnosed with arthritis who have taken a class on how to manage their arthritis

(age-adjusted to 2000 std population)

Source: PA Department of Health, Behavioral Risk Factor Surveillance System (BRFSS)

(Continued on Next Page)

Objective 02-09

**Adults age 50 and over told by a
doctor they have osteoporosis**

(age-adjusted to 2000 std population)

Source: PA Department of Health, Behavioral Risk Factor Surveillance System (BRFSS)

Objective 02-10

**Hospitalization rate for vertebral
fractures***

(per 10,000 persons 65+)

(age-adjusted to 2000 std population)

*associated with osteoporosis

Source: PA Health Care Cost Containment Council

Healthy People 2010

Focus Area 03 - Cancer - Pennsylvania

Objective 03-01

Cancer death rate

(per 100,000)

(age-adjusted to 2000 std population)

Source: PA Department of Health, Bureau of Health Statistics and Research

Objective 03-02

Lung cancer death rate

(per 100,000)

(age-adjusted to 2000 std population)

Source: PA Department of Health, Bureau of Health Statistics and Research

Objective 03-03

Breast cancer death rate

(per 100,000 females)

(age-adjusted to 2000 std population)

Source: PA Department of Health, Bureau of Health Statistics and Research

Objective 03-04

Cervical cancer death rate

(per 100,000 females)

(age-adjusted to 2000 std population)

Source: PA Department of Health, Bureau of Health Statistics and Research

Objective 03-05

Colorectal cancer death rate

(per 100,000)

(age-adjusted to 2000 std population)

Source: PA Department of Health, Bureau of Health Statistics and Research

Objective 03-06

Oropharyngeal cancer death rate

(per 100,000)

(age-adjusted to 2000 std population)

Source: PA Department of Health, Bureau of Health Statistics and Research

Objective 03-07

Prostate cancer death rate

(per 100,000 males)

(age-adjusted to 2000 std population)

Source: PA Department of Health, Bureau of Health Statistics and Research

Objective 03-08

Melanoma (skin) cancer death rate

(per 100,000)

(age-adjusted to 2000 std population)

Source: PA Department of Health, Bureau of Health Statistics and Research

(Continued on next page)

Objective 03-09b

% adults who use at least 1 protective measure against sun exposure*

(age-adjusted to 2000 std population)

*regularly protect themselves from sun exposure (avoid sun or use sunscreen or protective clothing)

Source: PA Department of Health, Behavioral Risk Factor Surveillance System (BRFSS)

Objective 03-11a

% of women aged 18+ who have ever received a Pap test

(age-adjusted to 2000 std population)

Source: PA Department of Health, Behavioral Risk Factor Surveillance System (BRFSS)

Objective 03-11b

% of women aged 18+ who received a Pap test within past 3 years

(age-adjusted to 2000 std population)

Source: PA Department of Health, Behavioral Risk Factor Surveillance System (BRFSS)

Objective 03-12a

% of adults aged 50+ who received a fecal occult blood test (FOBT) for colorectal cancer within the past 2 years

(age-adjusted to 2000 std population)

Source: PA Department of Health, Behavioral Risk Factor Surveillance System (BRFSS)

Objective 03-12b

% of adults aged 50+ who ever received a sigmoidoscopy for colorectal cancer

(age-adjusted to 2000 std population)

Source: PA Department of Health, Behavioral Risk Factor Surveillance System (BRFSS)

Objective 03-13

% of women aged 40+ with a mammogram in last 2 years

(age-adjusted to 2000 std population)

Source: PA Department of Health, Behavioral Risk Factor Surveillance System (BRFSS)

Objective 03-14

Statewide cancer registry*

*that captures 95% of expected cancer cases

Source: PA Department of Health, Pennsylvania Cancer Registry

Healthy People 2010

Focus Area 04 - Chronic Kidney Disease - Pennsylvania

Objective 04-01

**End-stage renal disease
incidence rate**

(age-sex-race adjusted rate per 1,000,000)

Source: United States Renal Data System (USRDS)

Objective 04-05

**Percent dialysis patients (<70)
registered on kidney transplant list**

Source: United States Renal Data System (USRDS) NIH

Objective 04-07

Kidney failure due to diabetes

(new cases of ESRD among diabetics -
age-sex-race adjusted rate per 1,000,000)

Source: United States Renal Data System (USRDS)

Healthy People 2010

Focus Area 05 - Diabetes - Pennsylvania

Objective 05-01

% of adults diagnosed with diabetes who have attended a class in managing their diabetes

(age-adjusted to 2000 std population)

Source: PA Department of Health, Behavioral Risk Factor Surveillance System (BRFSS)

Objective 05-03

Adults diagnosed with diabetes

(age-adjusted rate per 1,000 18+)

Source: PA Department of Health, Behavioral Risk Factor Surveillance System (BRFSS)

Objective 05-05

Diabetes death rate (per 100,000)

(age-adjusted to 2000 std population)

NOTE: For deaths listing diabetes as an underlying or contributing cause

Source: PA Department of Health, Bureau of Health Statistics and Research

Objective 05-12

% of adults with diabetes who have a glycosylated hemoglobin measurement at least twice a year

(age-adjusted to 2000 std population)

Source: PA Department of Health, Behavioral Risk Factor Surveillance System (BRFSS)

Objective 05-13

% of adults with diabetes who have an annual dilated eye examination

(age-adjusted to 2000 std population)

Source: PA Department of Health, Behavioral Risk Factor Surveillance System (BRFSS)

Objective 05-14

% of adults with diabetes who have an annual foot examination

(age-adjusted to 2000 std population)

Source: PA Department of Health, Behavioral Risk Factor Surveillance System (BRFSS)

Objective 05-17

% of adults with diabetes who perform self-blood-glucose-monitoring at least once daily

(age-adjusted to 2000 std population)

Source: PA Department of Health, Behavioral Risk Factor Surveillance System (BRFSS)

Healthy People 2010

Focus Area 06 - Disability and Secondary Conditions - Pennsylvania

Objective 06-06

**% of adults with disabilities*
who are satisfied with life**

(age-adjusted to 2000 std population)

* limited in any way in any activities because of physical, mental or emotional problems

Source: PA Department of Health, Behavioral Risk Factor Surveillance System (BRFSS)

Healthy People 2010

Focus Area 07 - Educational and Community-Based Programs - Pennsylvania

Objective 07-01

**% persons aged 18-24 who
completed high school**

Source: PA Department of Health, Behavioral Risk Factor Surveillance System (BRFSS)

Objective 07-04

**% of elementary, middle, junior high, and senior high schools that have
a nurse (LPN's, RN's and CSN's) -to-student ratio of 1:750 or less**

Source: PA Department of Health, Division of School Health

NOTE: PA data are % of public school districts with a total
certified school nurses-to-student ratio of 1:750 or less

Healthy People 2010

Focus Area 08 - Environmental Health - Pennsylvania

Objective 08-01a-g

**% persons exposed to harmful
air pollutants**

Sources: PA Department of Environmental Protection, Bureau of Air Quality;
Allegheny County Health Department; City of Philadelphia, Air Management Services

Objective 08-05

**% persons receiving safe drinking
water from community
water systems**

Source: PA Department of Environmental Protection, Drinking Water Management Division

Objective 08-06

**Waterborne disease outbreaks
from community water systems**

(Number per year)

Source: PA Department of Health, Division of Infectious Disease Epidemiology

Objective 08-21

**State health department has
established training, plans, and
protocols and conducts exercises
to prepare for response to
natural and technological
disasters.**

Source: PA Department of Health, Emergency Medical Services Office

Objective 08-27a

**State monitors environmentally
related diseases (lead poisoning)**

Source: PA Department of Health, Bureau of Family Health

Healthy People 2010

Focus Area 09 - Family Planning - Pennsylvania

Objective 09-07

**Pregnancy rate among
adolescent females aged 15-17**

(per 1,000 females 15-17)

Source: PA Department of Health, Bureau of Health Statistics and Research

Healthy People 2010

Focus Area 10 - Food Safety - Pennsylvania

Objective 10-01a

Campylobacter incidence rate

(reported cases per 100,000)

Source: PA Department of Health, Division of Infectious Disease Epidemiology

Objective 10-01b

Shiga toxin-producing E-coli

(reported cases per 100,000)

Source: PA Department of Health, Division of Infectious Disease Epidemiology

Objective 10-01d

Salmonella incidence rate

(reported cases per 100,000)

Source: PA Department of Health, Division of Infectious Disease Epidemiology

Objective 10-02a-b

Outbreaks of infections caused

by foodborne bacteria (E-coli and salmonella enteritidis)

Source: PA Department of Health, Division of Infectious Disease Epidemiology

Objective 10-04

**Deaths from anaphylaxis
due to food allergies**

NOTE: This objective is still under development.

Potential Source: State Vital Statistics Systems

Healthy People 2010

Focus Area 11 - Health Communication - Pennsylvania

Objective 11-01

**% of households with access to
the Internet at home**

Source: U.S. Department of Commerce, National Telecommunications and Information Administration (NTIA)

Healthy People 2010

Focus Area 12 - Heart Disease and Stroke - Pennsylvania

Objective 12-01

**Coronary heart disease
death rate** (per 100,000)

(age-adjusted to 2000 std population)

Source: PA Department of Health, Bureau of Health Statistics and Research

Objective 12-06a

**Hospitalization rate for congestive
heart failure as the principal
diagnosis (ages 65 to 74)**

(per 1,000 ages 65-74)

Source: PA Health Care Cost Containment Council

Objective 12-06b

**Hospitalization rate for congestive
heart failure as the principal
diagnosis (ages 75 to 84)**

(per 1,000 ages 75-84)

Source: PA Health Care Cost Containment Council

Objective 12-06c

**Hospitalization rate for congestive
heart failure as the principal
diagnosis (age 85+)**

(per 1,000 age 85+)

Source: PA Health Care Cost Containment Council

Objective 12-07

Stroke death rate

(per 100,000)

(age-adjusted to 2000 std population)

Source: PA Department of Health, Bureau of Health Statistics and Research

Objective 12-09

**% adults aged 20 and older ever
told blood pressure was high**

(age-adjusted to 2000 std population)

Source: PA Department of Health, Behavioral Risk Factor Surveillance System (BRFSS)

Objective 12-15

**% adults who had their blood
cholesterol checked within the
last 5 years**

(age-adjusted to 2000 std population)

Source: PA Department of Health, Behavioral Risk Factor Surveillance System (BRFSS)

Healthy People 2010

Focus Area 13 - HIV - Pennsylvania

Objective 13-01

**AIDS incidence rate
(persons aged 13+)**

(reported cases per 100,000 aged 13+)

Source: PA Department of Health, Bureau of Epidemiology

Objective 13-02

**Number of new AIDS cases
among men aged 13+ who
have sex with men**

Source: PA Department of Health, Bureau of Epidemiology

Objective 13-03

**Number of new AIDS cases
among persons aged 13+
who inject drugs**

Source: PA Department of Health, Bureau of Epidemiology

Objective 13-04

**Number of new AIDS cases
among men aged 13+ who have
sex with men and inject drugs**

Source: PA Department of Health, Bureau of Epidemiology

Objective 13-06a

**% unmarried sexually active
women who use condoms
(to prevent pregnancy)**

Source: PA Department of Health, Behavioral Risk Factor Surveillance System (BRFSS)

Objective 13-06b

**% unmarried sexually active
men who use condoms
(to prevent pregnancy)**

Source: PA Department of Health, Behavioral Risk Factor Surveillance System (BRFSS)

Objective 13-11

**% persons aged 25-44 with
tuberculosis who have
been tested for HIV**

Source: PA Department of Health, Division of TB/STD

(Continued on next page)

Objective 13-14

HIV disease death rate

(per 100,000)

(age-adjusted to 2000 std population)

Source: PA Department of Health, Bureau of Health Statistics and Research

Objective 13-17b

**Number of new cases of
perinatally acquired AIDS**

Source: PA Department of Health, Bureau of Epidemiology

Healthy People 2010

Focus Area 14 - Immunization and Infectious Diseases - Pennsylvania

Objective 14-01a-k

**Number of new cases of
vaccine-preventable diseases**

Source: PA Department of Health, Bureau of Communicable Diseases

Objective 14-03a

**Hepatitis B incidence rate
(Persons 19-24)**

(per 100,000 ages 19-24)

Source: PA Department of Health, Division of Infectious Disease Epidemiology

Objective 14-03b

**Hepatitis B incidence rate
(Persons 25-39)**

(per 100,000 ages 25-39)

Source: PA Department of Health, Division of Infectious Disease Epidemiology

Objective 14-03c

Hepatitis B incidence rate 40+

(per 100,000 ages 40+)

Source: PA Department of Health, Division of Infectious Disease Epidemiology

Objective 14-04

**Bacterial meningitis incidence rate
(Children aged 1 - 23 months old)**

(per 100,000 aged 1-23 months)

Source: PA Department of Health, Division of Infectious Disease Epidemiology

Objective 14-06

Hepatitis A incidence rate

(per 100,000)

Source: PA Department of Health, Division of Infectious Disease Epidemiology

Objective 14-07

**Meningococcal disease
Incidence rate**

(per 100,000)

Source: PA Department of Health, Division of Infectious Disease Epidemiology

Objective 14-08

Lyme disease incidence rate

(per 100,000)

Source: PA Department of Health, Division of Infectious Disease Epidemiology

Objective 14-09

Hepatitis C incidence rate

(per 100,000)

Source: PA Department of Health, Division of Infectious Disease Epidemiology

(Continued on next page)

Objective 14-11

Tuberculosis incidence rate

(per 100,000)

Source: PA Department of Health, Division of TB/STD

Objective 14-12

**% of tuberculosis patients who
complete curative therapy
within 12 months**

Source: PA Department of Health, Division of TB/STD

Objective 14-13

**% of persons with latent
tuberculosis infection who
complete a course of treatment**

Source: PA Department of Health, Division of TB/STD

Objective 14-17

**Hospitalization rate for
peptic ulcer disease**

(per 100,000)

(age-adjusted to 2000 std population)

Source: PA Health Care Cost Containment Council

Objective 14-22a

**% of vaccination coverage levels for
4 doses diphtheria-tetanus-acellular
pertussis (DTaP)
(children aged 19-35 months)**

Source: Centers for Disease Control and Prevention, National Immunization Program (NIP)

Objective 14-22b

**% of vaccination coverage levels for
3 doses Haemophilus influenzae
type b (Hib)
(children aged 19-35 months)**

Source: Centers for Disease Control and Prevention, National Immunization Program (NIP)

Objective 14-22c

**% of vaccination coverage levels for
3 doses hepatitis B (hep B)
(children aged 19-35 months)**

Source: Centers for Disease Control and Prevention, National Immunization Program (NIP)

Objective 14-22d

**% of vaccination coverage levels for
1 dose measles-mumps-
rubella (MMR)
(children aged 19-35 months)**

Source: Centers for Disease Control and Prevention, National Immunization Program (NIP)

(Continued on next page)

Objective 14-22e

**% of vaccination coverage levels for
3 doses polio
(children aged 19-35 months)**

Source: Centers for Disease Control and Prevention, National Immunization Program (NIP)

Objective 14-22f

**% of vaccination coverage levels for
1 dose varicella
(children aged 19-35 months)**

Source: Centers for Disease Control and Prevention, National Immunization Program (NIP)

Objective 14-22g

**% of vaccination coverage levels for
4 doses pneumococcal conjugate
(children aged 19-35 months)**

Source: Centers for Disease Control and Prevention, National Immunization Program (NIP)

Objective 14-24a

**% of fully immunized* children
(children aged 19-35 months)**

*4 DTaP, 3 polio, 1 MMR, 3 Hib, 3 hep B

Source: Centers for Disease Control and Prevention, National Immunization Program (NIP)

Objective 14-25a

**% of public health providers who
had vaccination coverage levels
among children in their practice
population measured within the
past 2 years**

Source: Centers for Disease Control and Prevention, National Immunization Program (NIP)

Objective 14-26

**% of children under 6 who
participate in population-based
immunization registries**

Source: PA Department of Health, Statewide Immunization Information System (SIIS)

Objective 14-29a

**% adults 65+ with flu shot
in past year**

(age-adjusted to 2000 std population)

Source: PA Department of Health, Behavioral Risk Factor Surveillance System (BRFSS)

Objective 14-29b

**% adults 65+ ever vaccinated
against pneumococcal disease**

(age-adjusted to 2000 std population)

Source: PA Department of Health, Behavioral Risk Factor Surveillance System (BRFSS)

(Continued on next page)

Objective 14-29c

**% adults 18 to 64 with flu shot
in past year**

(age-adjusted to 2000 std population)

Source: PA Department of Health, Behavioral Risk Factor Surveillance System (BRFSS)

Objective 14-29d

**% adults 18 to 64 ever had
vaccination against
pneumococcal disease**

(age-adjusted to 2000 std population)

Source: PA Department of Health, Behavioral Risk Factor Surveillance System (BRFSS)

Healthy People 2010

Focus Area 15 - Injury and Violence Prevention - Pennsylvania

Objective 15-01

Hospitalization rate for nonfatal head injuries (per 100,000)

(age-adjusted to 2000 std population)

Source: PA Health Care Cost Containment Council

Objective 15-02

Hospitalization rate for nonfatal spinal cord injuries (per 100,000)

(age-adjusted to 2000 std population)

Source: PA Health Care Cost Containment Council

Objective 15-03

Firearm-related death rate

(per 100,000)

(age-adjusted to 2000 std population)

Source: PA Department of Health, Bureau of Health Statistics and Research

Objective 15-04

% of adults living in a home where a firearm is loaded and unlocked

(among all adults living in homes where firearms are present)

(age-adjusted to 2000 std population)

Source: PA Department of Health, Behavioral Risk Factor Surveillance System (BRFSS)

Objective 15-06

State-level child fatality review of external causes for children 17 and under

Source: PA Child Death Review Program, PA Chapter of American Academy of Pediatrics

Objective 15-08

Poisoning death rate (per 100,000)

(age-adjusted to 2000 std population)

Source: PA Department of Health, Bureau of Health Statistics and Research

Objective 15-09

Suffocation death rate (per 100,000)

(age-adjusted to 2000 std population)

Source: PA Department of Health, Bureau of Health Statistics and Research

Objective 15-10

Statewide emergency department surveillance system that collects data on external causes of injury

Source: PA Department of Health, Division of Health Risk Reduction

(Continued on next page)

Objective 15-11

State collects data on external causes of injury through hospital discharge data systems

Source: PA Department of Health, Division of Health Risk Reduction

Objective 15-13

Unintentional injury death rate

(per 100,000)

(age-adjusted to 2000 std population)

Source: PA Department of Health, Bureau of Health Statistics and Research

Objective 15-15a

Motor vehicle crash death rate

(per 100,000)

(age-adjusted to 2000 std population)

Source: PA Department of Health, Bureau of Health Statistics and Research

Objective 15-15b

Motor vehicle crash death rate

(per 100 million vehicle miles traveled)

Source: PA Department of Transportation, Bureau of Highway Safety and Traffic Engineering

Objective 15-16

Pedestrian death rate (on public roads)

(per 100,000)

Source: PA Department of Transportation, Bureau of Highway Safety and Traffic Engineering

Objective 15-19

% adults using safety belts

Source: PA Department of Health, Behavioral Risk Factor Surveillance System (BRFSS)

Objective 15-23a

% children/youth ages 6-17 who always wear a helmet when riding a bike

Source: National Survey of Children's Health

Objective 15-24

State law requiring bicycle helmets for riders under 15

Source: PA Department of Health, Division of Health Risk Reduction

Objective 15-25

Residential fire death rate

(per 100,000)

(age-adjusted to 2000 std population)

Source: PA Department of Health, Bureau of Health Statistics and Research

(Continued on next page)

Objective 15-27

Accidental falls death rate

(per 100,000)

(age-adjusted to 2000 std population)

Source: PA Department of Health, Bureau of Health Statistics and Research

Objective 15-28a

Hip fracture hospitalization rate for females 65+

(per 100,000 females 65+) (age-adjusted to 2000 std population)

Source: PA Health Care Cost Containment Council

Objective 15-28b

Hip fracture hospitalization rate for males 65+

(per 100,000 males 65+) (age-adjusted to 2000 std population)

Source: PA Health Care Cost Containment Council

Objective 15-29

Drowning death rate (per 100,000)

(age-adjusted to 2000 std population)

Source: PA Department of Health, Bureau of Health Statistics and Research

Objective 15-32

Homicide rate (per 100,000)

(age-adjusted to 2000 std population)

Source: PA Department of Health, Bureau of Health Statistics and Research

Objective 15-33a

Maltreatment of children under 18

(rate per 1,000 children under 18)

Source: PA Department of Public Welfare, ChildLine and Abuse Registry

Objective 15-33b

Child maltreatment fatality rate

(rate per 100,000 children under 18)

Source: PA Department of Public Welfare, ChildLine and Abuse Registry

Objective 15-38

Physical fighting among adolescents* (rate per 1,000 students)

* aggravated and simple assault by school aged children up to grade 12

Source: PA Department of Education

Objective 15-39

Weapon possession among adolescents* on school property (rate per 1,000 students)

* school aged children up to grade 12

Source: PA Department of Education

Healthy People 2010

Focus Area 16 - Maternal, Infant, and Child Health - Pennsylvania

Objective 16-01a

Fetal mortality rate (20+ weeks gestation)

(per 1,000 live births and non-induced fetal deaths of 20+ weeks gestation)

Source: PA Department of Health, Bureau of Health Statistics and Research

Objective 16-01b

Perinatal mortality rate (fetal and infant mortality rate during perinatal period*)

(per 1,000 live births and non-induced fetal deaths of 28+ weeks gestation)

*fetals of 28+ weeks gestation and (infant) deaths up to 6 days of age

Source: PA Department of Health, Bureau of Health Statistics and Research

Objective 16-01c

Infant mortality rate (under 1 year of age)

(per 1,000 live births)

Source: PA Department of Health, Bureau of Health Statistics and Research

Objective 16-01d

Neonatal mortality rate (0-27 days of age)

(per 1,000 live births)

Source: PA Department of Health, Bureau of Health Statistics and Research

Objective 16-01e

Postneonatal mortality rate (28-364 days of age)

(per 1,000 live births)

Source: PA Department of Health, Bureau of Health Statistics and Research

Objective 16-01f

Infant mortality rate for birth defects

(per 1,000 live births)

Source: PA Department of Health, Bureau of Health Statistics and Research

Objective 16-01g

Infant mortality rate for congenital heart defects

(per 1,000 live births)

Source: PA Department of Health, Bureau of Health Statistics and Research

(Continued on next page)

Objective 16-01h

**Infant mortality rate for sudden
infant death syndrome (SIDS)**

(per 1,000 live births)

Source: PA Department of Health, Bureau of Health Statistics and Research

Objective 16-02a

**Child death rate
for ages 1-4**

(per 100,000 children 1-4)

Source: PA Department of Health, Bureau of Health Statistics and Research

Objective 16-02b

Child death rate for ages 5-9

(per 100,000 children 5-9)

Source: PA Department of Health, Bureau of Health Statistics and Research

Objective 16-03a

**Adolescent death rate
for ages 10-14**

(per 100,000 ages 10-14)

Source: PA Department of Health, Bureau of Health Statistics and Research

Objective 16-03b

**Adolescent death rate
for ages 15-19**

(per 100,000 ages 15-19)

Source: PA Department of Health, Bureau of Health Statistics and Research

Objective 16-03c

**Young adult death rate
for ages 20-24**

(per 100,000 ages 20-24)

Source: PA Department of Health, Bureau of Health Statistics and Research

Objective 16-04

Maternal mortality rate

(per 100,000 live births)

Source: PA Department of Health, Bureau of Health Statistics and Research

Objective 16-05a

**Rate of maternal complications
during hospitalized labor
and delivery**

(per 100 deliveries)

Source: PA Health Care Cost Containment Council

Objective 16-06a

**% births to mothers beginning
prenatal care in first trimester**

Source: PA Department of Health, Bureau of Health Statistics and Research

(Continued on next page)

Objective 16-06b

% of live births to mothers who received early and adequate prenatal care*

*Adequacy of Prenatal Care Utilization Index

Source: PA Department of Health, Bureau of Health Statistics and Research

Objective 16-08

% of very low birth weight* infants born at Level III hospitals

Source: PA Department of Health, Bureau of Health Statistics and Research

Objective 16-09a

% of low-risk* first-time mothers giving birth by cesarean

Source: PA Department of Health, Bureau of Health Statistics and Research

*full-term (37 or more weeks gestation), singleton, not breech or malpresentation

Objective 16-09b

% of low-risk* women giving birth by cesarean with a prior cesarean birth

Source: PA Department of Health, Bureau of Health Statistics and Research

*full-term (37 or more weeks gestation), singleton, not breech or malpresentation

Objective 16-10a

% of infants born at low birth weight* (LBW)

*Less than 2500 grams

Source: PA Department of Health, Bureau of Health Statistics and Research

Objective 16-10b

% of infants born at very low birth weight* (VLBW)

*Less than 1500 grams

Source: PA Department of Health, Bureau of Health Statistics and Research

Objective 16-11a

% of preterm* live births

*Less than 37 weeks gestation

Source: PA Department of Health, Bureau of Health Statistics and Research

Objective 16-11b

% of live births at 32 to 36 weeks of gestation

Source: PA Department of Health, Bureau of Health Statistics and Research

Objective 16-11c

% of live births at less than 32 weeks of gestation

Source: PA Department of Health, Bureau of Health Statistics and Research

(Continued on next page)

Objective 16-15

Rate of spina bifida and other neural tube defects (NTDs) among deliveries*

(per 10,000 live births)

Source: PA Department of Health, Bureau of Health Statistics and Research

*live births and non-induced fetal deaths (20+ weeks gestation)

Objective 16-16a

% of non-pregnant women ages 18-44 who take the MDR* (0.4 mg) for folic acid daily from multi-vitamins or supplements

Source: PA Department of Health, Behavioral Risk Factor Surveillance System (BRFSS)

*Minimum daily requirement

Objective 16-17c

% of live births to mothers who did not smoke during pregnancy

Source: PA Department of Health, Bureau of Health Statistics and Research

Objective 16-19a

% of mothers who breastfed their babies in early postpartum period*

Source: PA Department of Health, Bureau of Health Statistics and Research

*Infants between 1 and 12 months of age

Objective 16-20a

All newborns screened at birth for conditions as mandated by State programs

Source: PA Department of Health, Bureau of Family Health

Objective 16-22

% of children/youth ages 0-17 with special health care needs who receive health care at medical home*

Source: National Survey of Children's Health

* American Academy of Pediatrics definition

Objective 16-23

State has service system* for children with special health care needs

Source: PA Department of Health, Bureau of Family Health

*MCHS Title V Block Grant score of at least 10 (out of a possible 12) on a four-part rating of aspects of a coordinated continuum of appropriate services for children with special health care needs

Healthy People 2010

Focus Area 18 - Mental Health and Mental Disorders - Pennsylvania

Objective 18-01

Suicide rate (per 100,000)

(age-adjusted to 2000 std population)

Source: PA Department of Health, Bureau of Health Statistics and Research

Objective 18-07

**% of children/youth ages 2-17
with mental health problems who
received some sort of mental
health care during the past year**

Source: National Survey of Children's Health

Healthy People 2010

Focus Area 19 - Nutrition and Overweight - Pennsylvania

Objective 19-01

% healthy weight adults (age 20+)

(age-adjusted to 2000 std population)

Source: PA Department of Health, Behavioral Risk Factor Surveillance System (BRFSS)

Objective 19-02

% obese adults (age 20+)

(age-adjusted to 2000 std population)

Source: PA Department of Health, Behavioral Risk Factor Surveillance System (BRFSS)

Objective 19-03a

% of children grades K-6 who are obese*

* BMI is at or above the 95th percentile

Source: PA Department of Health, Division of School Health

Objective 19-03b

% of students grades 7-12 who are obese*

* BMI is at or above the 95th percentile

Source: PA Department of Health, Division of School Health

Objective 19-05

% of persons who consume at least 2 daily servings of fruit

(age-adjusted to 2000 std population)

Source: PA Department of Health, Behavioral Risk Factor Surveillance System (BRFSS)

Objective 19-06

% of persons who consume at least 3 daily servings of vegetables

(age-adjusted to 2000 std population)

Source: PA Department of Health, Behavioral Risk Factor Surveillance System (BRFSS)

Healthy People 2010

Focus Area 20 - Occupational Safety and Health - Pennsylvania

Objective 20-01a

**Work-related injury death rate
for all industries** (aged 16+)

(per 100,000 workers 16+)

Source: U.S. Department of Labor, Bureau of Labor Statistics

Objective 20-01b

**Work-related injury death rate
for mining industries** (aged 16+)

(per 100,000 workers 16+)

Source: U.S. Department of Labor, Bureau of Labor Statistics

Objective 20-01c

**Work-related injury death rate for
construction industry** (aged 16+)

(per 100,000 workers 16+)

Source: U.S. Department of Labor, Bureau of Labor Statistics

Objective 20-01d

**Work-related injury
death rate for transportation
industry** (aged 16+)

(per 100,000 workers 16+)

Source: U.S. Department of Labor, Bureau of Labor Statistics

Objective 20-04

**Number of pneumoconiosis
deaths** (aged 15+)

Source: PA Department of Health, Bureau of Health Statistics and Research

Objective 20-05

Work-related homicide rate
(aged 16+)

(per 100,000 workers 16+)

Source: U.S. Department of Labor, Bureau of Labor Statistics

Healthy People 2010

Focus Area 21 - Oral Health - Pennsylvania

Objective 21-01b

**% children (aged 6 to 8) who
had dental caries experience**

Source: PA Department of Health, Oral Health Program

Objective 21-01c

**% adolescents (age 15) who
had dental caries experience**

Source: PA Department of Health, Oral Health Program

Objective 21-02b

**% children (aged 6 to 8) who
had untreated dental decay**

Source: PA Department of Health, Oral Health Program

Objective 21-02c

**% adolescents (age 15) who
had untreated dental decay**

Source: PA Department of Health, Oral Health Program

Objective 21-03

**% adults (aged 35-44) who
have no permanent tooth
extraction due to dental
caries or periodontal disease**

Source: PA Department of Health, Behavioral Risk Factor Surveillance System (BRFSS)

Objective 21-04

**% older adults (aged 65-74)
who had all their natural
teeth extracted**

Source: PA Department of Health, Behavioral Risk Factor Surveillance System (BRFSS)

Objective 21-06

**% of oral and pharyngeal cancers
detected at the earliest stage**

Source: PA Department of Health, Pennsylvania Cancer Registry

Objective 21-08a

**% children (age 8) with
at least one dental sealant**

Source: PA Department of Health, Oral Health Program

Objective 21-08b

**% adolescents (age 14) with
at least one dental sealant**

Source: PA Department of Health, Oral Health Program

(Continued on Next Page)

Objective 21-09

**% of population served
by optimally fluoridated
community water systems**

Source: PA Department of Environmental Protection, Oral Health Needs Assessment

Objective 21-10a

**% of children/youth ages 1-17
who have visited a dentist
in the past year**

Source: National Survey of Children's Health

Objective 21-10

**% of adults who have visited a
dentist in the past year**

Source: PA Department of Health, Behavioral Risk Factor Surveillance System (BRFSS)

Objective 21-15

**State has a system for referring
infants/children with cleft lips, cleft
palates, and other craniofacial
anomalies to rehabilitative teams**

Source: PA Department of Health, Bureau of Family Health

Objective 21-16

**State has an oral and
craniofacial State-based
surveillance system**

Source: PA Department of Health, Division of Health Risk Reduction

Objective 21-17

**State has an effective public
dental health program**

Source: PA Department of Health, Division of Health Risk Reduction

Healthy People 2010

Focus Area 22 - Physical Activity and Fitness - Pennsylvania

Objective 22-01

**% adults who engage in
no leisure-time physical activity**

(age-adjusted to 2000 std population)

Source: PA Department of Health, Behavioral Risk Factor Surveillance System (BRFSS)

Objective 22-02

**% adults who engage in vigorous
or moderate physical activity***

(age-adjusted to 2000 std population)

*Vigorous is defined as large increases in breathing/heart rate for 20+ min. 3+ times per week.

Moderate is defined as small increases in breathing/heart rate for 30+ min. 5+ times per week.

Source: PA Department of Health, Behavioral Risk Factor Surveillance System (BRFSS)

Objective 22-03

**% adults who engage in
vigorous physical activity***

(age-adjusted to 2000 std population)

*Vigorous is defined as large increases in breathing/heart rate for 20+ min. 3+ times per week.

Source: PA Department of Health, Behavioral Risk Factor Surveillance System (BRFSS)

Healthy People 2010

Focus Area 23 - Public Health Infrastructure - Pennsylvania

Objective 23-02

State releases data on leading health indicators, health status indicators, and priority data needs

Source: PA Department of Health, Bureau of Health Statistics and Research

Objective 23-03

% of major health data systems that collect street address or latitude/longitude for GIS use

Sources:

PA Birth Registration System, PA Dept. of Health
PA Death Registration System, PA Dept. of Health
PA Behavioral Risk Factor Surveillance System (BRFSS)
PA Health Care Cost Containment Council
National Household Survey on Drug Abuse, U.S. Dept. of Health and Human Services
Bureau of Infectious Disease Epidemiology, PA Dept. of Health
Division of TB/STD, PA Dept. of Health
National Immunization Program, Centers for Disease Control and Prevention

Objective 23-05

Proportion of leading health indicators, health status indicators and priority data needs with state and local level data available

Source: PA Department of Health, Bureau of Health Statistics and Research

Objective 23-12b

State has a health improvement plan

Source: PA Department of Health, Division of Plan Development

Objective 23-12c

Proportion of local jurisdictions* that have a health improvement plan linked with their state plan

*counties

Source: PA Department of Health, Bureau of Health Planning

Objective 23-13

State public health agency provides health laboratory services to support essential public health services

Source: PA Department of Health, Bureau of Laboratories

Objective 23-14

State public health agency provides epidemiology services

Source: PA Department of Health, Bureau of Epidemiology

Healthy People 2010

Focus Area 24 - Respiratory Diseases - Pennsylvania

Objective 24-01a

**Asthma death rate
(children under 5)**

(per 1,000,000 under 5)

Source: PA Department of Health, Bureau of Health Statistics and Research

Objective 24-01b

**Asthma death rate
(children 5 to 14)**

(per 1,000,000 ages 5-14)

Source: PA Department of Health, Bureau of Health Statistics and Research

Objective 24-01c

**Asthma death rate
(persons 15 to 34)**

(per 1,000,000 ages 15-34)

Source: PA Department of Health, Bureau of Health Statistics and Research

Objective 24-01d

**Asthma death rate
(persons 35 to 64)**

(per 1,000,000 ages 35-64)

Source: PA Department of Health, Bureau of Health Statistics and Research

Objective 24-01e

**Asthma death rate
(persons 65+)**

(per 1,000,000 ages 65+)

Source: PA Department of Health, Bureau of Health Statistics and Research

Objective 24-02a

**Hospitalization rate for asthma
(children under 5)**

(per 10,000 under 5)

Source: PA Health Care Cost Containment Council

Objective 24-02b

**Hospitalization rate for asthma
(persons 5 to 64)**

(per 10,000 ages 5-64)

(age-adjusted to 2000 std population)

Source: PA Health Care Cost Containment Council

(Continued on next page)

Objective 24-02c

**Hospitalization rate for asthma
(persons 65+)**

(per 10,000 65+)

(age-adjusted to 2000 std population)

Source: PA Health Care Cost Containment Council

Objective 24-08

**State asthma surveillance
system for tracking asthma
cases, illness, and disability**

Source: PA Department of Health, Division of Health Risk Reduction

Objective 24-10

**Death rate due to chronic
obstructive pulmonary disease
(COPD) among adults 45+**

(per 100,000)

(age-adjusted to 2000 std population)

Source: PA Department of Health, Bureau of Health Statistics and Research

Healthy People 2010

Focus Area 25 - Sexually Transmitted Diseases - Pennsylvania

Objective 25-01b

**% females (ages 15-24)
attending STD clinics who
test positive for chlamydia
trachomatis infections**

Source: PA Department of Health, Division of TB/STD

Objective 25-01c

**% males (ages 15-24)
attending STD clinics who
test positive for chlamydia
trachomatis infections**

Source: PA Department of Health, Division of TB/STD

Objective 25-02

Gonorrhea incidence rate
(per 100,000)

Source: PA Department of Health, Division of TB/STD

Objective 25-03

**Incidence rate of primary
and secondary syphilis**
(per 100,000)

Source: PA Department of Health, Division of TB/STD

Objective 25-09

Congenital syphilis incidence rate
(per 100,000 live births)

Source: PA Department of Health, Division of TB/STD

Objective 25-13

**% of state and local sexually
transmitted disease programs
that offer hepatitis B vaccines**

Source: PA Department of Health, Division of TB/STD

Healthy People 2010

Focus Area 26 - Substance Abuse - Pennsylvania

Objective 26-01a

Death rate for alcohol-related motor vehicle crashes

(per 100,000)

Source: PA Department of Transportation, Bureau of Highway Safety and Traffic Engineering

Objective 26-01b

Injury rate for alcohol-related motor vehicle crashes

(per 100,000)

Source: PA Department of Transportation, Bureau of Highway Safety and Traffic Engineering

Objective 26-02

Cirrhosis death rate

(per 100,000)

(age-adjusted to 2000 std population)

Source: PA Department of Health, Bureau of Health Statistics and Research

Objective 26-03

Drug-induced death rate

(per 100,000)

(age-adjusted to 2000 std population)

Source: PA Department of Health, Bureau of Health Statistics and Research

Objective 26-09a

Average age of first use of alcohol among adolescents 12 to 17

Source: U.S. Dept. of Health and Human Services, National Survey on Drug Use and Health

Objective 26-09b

Average age of first use of marijuana among adolescents 12 to 17

Source: U.S. Dept. of Health and Human Services, National Survey on Drug Use and Health

Objective 26-09c

% of high school seniors who never used any alcoholic beverages

Source: PA Commission on Crime and Delinquency, PA Youth Survey

(Continued on next page)

Objective 26-10a

**% adolescents aged 12 to 17
not using alcohol or illicit
drugs during past 30 days**

Source: U.S. Dept. of Health and Human Services, National Survey on Drug Use and Health

Objective 26-10b

**% adolescents aged 12 to 17
using marijuana during
past 30 days**

Source: U.S. Dept. of Health and Human Services, National Survey on Drug Use and Health

Objective 26-10c

**% adults using illicit drugs
during the past 30 days**

Source: U.S. Dept. of Health and Human Services, National Survey on Drug Use and Health

Objective 26-11a

**% high school seniors who
engaged in binge drinking
in past two weeks**

Source: PA Commission on Crime and Delinquency, PA Youth Survey

Objective 26-11c

**% adults who engaged in
binge drinking* in past month**

Source: PA Department of Health, Behavioral Risk Factor Surveillance System (BRFSS)

*5+ alcoholic beverages at the same time or within couple hours

Objective 26-13a

**% adult females who exceed
guidelines for low-risk drinking**

Source: PA Department of Health, Behavioral Risk Factor Surveillance System (BRFSS)

*8+ drinks per week or 4+ drinks per occasion

Objective 26-13b

**% adult males who exceed
guidelines for low-risk drinking**

Source: PA Department of Health, Behavioral Risk Factor Surveillance System (BRFSS)

*15+ drinks per week or 5+ drinks per occasion

Objective 26-15

**% adolescents aged 12 to 17
who used inhalants in past year**

Source: U.S. Dept. of Health and Human Services, National Survey on Drug Use and Health

Objective 26-16a

**% of 8th graders who disapprove
of drinking alcohol regularly**

Source: PA Commission on Crime and Delinquency, PA Youth Survey

(continued on next page)

Objective 26-16b

**% of 10th graders who disapprove
of drinking alcohol regularly**

Source: PA Commission on Crime and Delinquency, PA Youth Survey

Objective 26-16c

**% of 12th graders who disapprove
of drinking alcohol regularly**

Source: PA Commission on Crime and Delinquency, PA Youth Survey

Objective 26-16d

**% of 8th graders who said they
would never use marijuana**

Source: PA Commission on Crime and Delinquency, PA Youth Survey

Objective 26-16e

**% of 10th graders who said they
would never use marijuana**

Source: PA Commission on Crime and Delinquency, PA Youth Survey

Objective 26-16f

**% of 12th graders who said they
would never use marijuana**

Source: PA Commission on Crime and Delinquency, PA Youth Survey

Objective 26-25

**State has a maximum blood
alcohol concentration of 0.08%
for motor vehicle drivers
aged 21+**

Source: PA State Police

Healthy People 2010

Focus Area 27- Tobacco Use - Pennsylvania

Objective 27-01a

% adults who smoke cigarettes

(age-adjusted to 2000 std population)

Source: PA Department of Health, Behavioral Risk Factor Surveillance System (BRFSS)

Objective 27-01b

% adults who use smokeless (spit) tobacco

(age-adjusted to 2000 std population)

Source: PA Department of Health, PA Adult Tobacco Survey

Objective 27-01c

% adults who smoke cigars

(age-adjusted to 2000 std population)

Source: PA Department of Health, PA Adult Tobacco Survey

Objective 27-02a

% of students in grades 9-12 who used tobacco products in past month

Source: PA Department of Health, Division of Tobacco Prevention & Control, PA Youth Tobacco Survey

Objective 27-02b

% of students in grades 9-12 who smoked cigarettes in past month

Source: PA Department of Health, Division of Tobacco Prevention & Control, PA Youth Tobacco Survey

Objective 27-02c

% of students in grades 9-12 who used smokeless (spit) tobacco in past month

Source: PA Department of Health, Division of Tobacco Prevention & Control, PA Youth Tobacco Survey

Objective 27-02d

% of students in grades 9-12 who used cigars in past month

Source: PA Department of Health, Division of Tobacco Prevention & Control, PA Youth Tobacco Survey

Objective 27-02e

% of students in grades 9-12 who smoked bidis in past month

Source: PA Department of Health, Division of Tobacco Prevention & Control, PA Youth Tobacco Survey

Objective 27-04a

Average age of first use* of tobacco among adolescents aged 12 to 17

*smoked whole cigarette

Source: U.S. Dept. of Health and Human Services, National Survey on Drug Use and Health

(Continued on next page)

Objective 27-05

**% adult smokers who attempted
to quit smoking***

(age-adjusted to 2000 std population)

*for 1 day or longer

Source: PA Department of Health, Behavioral Risk Factor Surveillance System (BRFSS)

Objective 27-06

**Percent smoke cessation during
first trimester of pregnancy***

*for resident live births

Source: PA Department of Health, Bureau of Health Statistics and Research

Objective 27-07

**% of students in grades 9-12
who tried to quit smoking***

* in past 12 months

Source: PA Department of Health, Division of Tobacco Prevention & Control, PA Youth Tobacco Survey

Objective 27-09

**% children/youth under 18
who live in a household with
someone who smokes tobacco**

Source: National Survey of Children's Health

Objective 27-13

**Establish smoke-free indoor
air laws**

Source: PA Department of Health, Division of Tobacco Prevention & Control

Objective 27-14a

**State has a 5% or less illegal
sales rate of tobacco products
to minors**

Source: PA Department of Health, Bureau of Health Statistics and Research

Objective 27-15

**State suspends/revokes retail
license for illegal tobacco sales
to minors**

Source: PA Department of Health, Division of Tobacco Prevention & Control

Objective 27-17a

**% of 8th graders who disapprove
of smoking cigarettes**

Source: PA Commission on Crime and Delinquency, PA Youth Survey

Objective 27-17b

**% of 10th graders who disapprove
of smoking cigarettes**

Source: PA Commission on Crime and Delinquency, PA Youth Survey

(Continued on next page)

Objective 27-17c

**% of 12th graders who disapprove
of smoking cigarettes**

Source: PA Commission on Crime and Delinquency, PA Youth Survey

Objective 27-18

**State has an evidence-based
tobacco control program**

Source: PA Department of Health, Division of Tobacco Prevention & Control

Objective 27-19

**State has preemptive laws to prevent
local jurisdictions to enact stronger tobacco
control laws**

Source: PA Department of Health, Division of Tobacco Prevention & Control

Objective 27-21a-b

**Increase Federal and State tax
on tobacco products**

Source: PA Alliance to Control Tobacco (PACT)

Healthy People 2010

Focus Area 28 - Vision and Hearing - Pennsylvania

Objective 28-04

**Blindness and visual impairment
rate in persons age 17 and under**

(per 1,000 persons 17 and under)

Source: Division of School Health, PA Department of Health

Objective 28-05

**% of adult diabetics who
are visually impaired due
to diabetic retinopathy**

(age-adjusted to 2000 std population)

Source: PA Department of Health, Behavioral Risk Factor Surveillance System (BRFSS)

Objective 28-11b

**% infants (with possible hearing
loss) who receive audiologic
evaluation by age 3 months**

Source: Division of Newborn Screening and Genetics, PA Department of Health