

## If you are **50 years and older...**

# the Shingles Vaccine

should be on your TO-DO list!



#### **FACTS**

- It is caused by the same virus that causes chickenpox. The virus stays in your body and can resurface any time as shingles – a painful, blistering rash. Even if you feel healthy, your risk for shingles increases as you get older.
- One out of three people will develop shingles. Risk factors include age (50+ years), weakened immune system (due to diseases, cancer treatments, medications), and history of chickenpox.
- The shingles vaccine (Zostavax®) can reduce the risk of developing shingles and its associated pain.

## WHEN

Tuesday, May 28, 2013 1 – 3:30 p.m.

### WHERE

Tioga County SHC 44 Plaza Lane Wellsboro, PA 16901

You are eligible for shingles vaccine at **LOW** or **NO COST** if you are **50 years and older** AND

- Underinsured (your insurance does not cover the vaccine) or
- Uninsured (no insurance)

\*\*Please call Tioga County State Health Center at 570-724-2911 if you have questions or to schedule an appointment. \*\*

Tioga County State Health Center | 44 Plaza Lane | Wellsboro, PA 16901 | 570-724-2911