

If you are **50 years and older...**

the **shingles vaccine**  
should be on your TO-DO list!



**FACTS**

- Shingles is caused by the same virus that causes chickenpox. The virus stays in your body and can resurface any time as shingles – a painful, blistering rash. Even if you feel healthy, your risk for shingles increases as you get older.
- One out of three people will develop shingles. Risk factors include age (50+ years), weakened immune system (due to diseases, cancer treatments, medications) and history of chickenpox.
- The shingles vaccine (Zostavax®) can reduce the risk of developing shingles and its associated pain.

**WHEN**

Monday, Nov. 4, 2013  
11:00 a.m. - 1 p.m.

**WHERE**

Saucon Valley Senior Center  
323 Northampton St.  
Hellertown, PA 18055  
610-838-0722

You are eligible for shingles vaccine at **LOW** or **NO COST** if you are **50 years and older** **AND**:

- **underinsured** (your insurance does not cover the vaccine); or
- **uninsured** (no insurance).

Please call Northampton County State Health Center at 610-250-1825  
if you have any questions.