# ACADEMIC STANDARDS FOR SAFETY

## 10.3. Safety and Injury Prevention

| 10.3.3. **GRADE 3** | 10.3.6 **GRADE 6** | 10.3.9. **GRADE 9** | 10.3.12. **GRADE 12** |
|---|---|---|---|
| ***Pennsylvania's public schools shall teach, challenge and support every student to realize his or her maximum potential and to acquire the knowledge and skills needed to:*** | | | |
| A. Recognize safe/unsafe practices in the home, school and community.<br>• general (e.g., fire, electrical, animals)<br>• modes of transportation (e.g., pedestrian, bicycle, vehicular)<br>• outdoor (e.g., play, weather, water)<br>• safe around people (e.g., safe/ unsafe touch, abuse, stranger, bully) | A. Explain and apply safe practices in the home, school and community.<br>• emergencies (e.g., fire, natural disasters)<br>• personal safety (e.g., home alone, latch key, harassment)<br>• communication (e.g., telephone, Internet)<br>• violence prevention (e.g., gangs, weapons) | A. Analyze the role of individual responsibility for safe practices and injury prevention in the home, school and community.<br>• modes of transportation (e.g., pedestrian, bicycle,<br>• vehicular, passenger, farm vehicle, all-terrain vehicle)<br>• violence prevention in school<br>• self-protection in the home<br>• self-protection in public places | A. Assess the personal and legal consequences of unsafe practices in the home, school or community.<br>• loss of personal freedom<br>• personal injury<br>• loss of income<br>• impact on others<br>• loss of motor vehicle operator's license |
| B. Recognize emergency situations and explain appropriate responses.<br>• importance of remaining calm<br>• how to call for help<br>• simple assistance procedures<br>• how to protect self | B. Know and apply appropriate emergency responses.<br>• basic first aid<br>• Heimlich maneuver<br>• universal precautions | B. Describe and apply strategies for emergency and long-term management of injuries.<br>• rescue breathing<br>• water rescue<br>• self-care<br>• sport injuries | B. Analyze and apply strategies for the management of injuries.<br>• CPR<br>• advanced first aid |
| C. Recognize conflict situations and identify strategies to avoid or resolve.<br>• walk away<br>• I-statements<br>• refusal skills<br>• adult intervention | C. Describe strategies to avoid or manage conflict and violence.<br>• anger management<br>• peer mediation<br>• reflective listening<br>• negotiation | C. Analyze and apply strategies to avoid or manage conflict and violence during adolescence.<br>• effective negotiation<br>• assertive behavior | C. Analyze the impact of violence on the victim and surrounding community. |
| D. Identify and use safe practices in physical activity settings (e.g., proper equipment, knowledge of rules, sun safety, guidelines of safe play, warm-up, cool-down). | D. Analyze the role of individual responsibility for safety during physical activity. | D. Analyze the role of individual responsibility for safety during organized group activities. | D. Evaluate the benefits, risks and safety factors associated with self-selected life-long physical activities. |