

**PENNSYLVANIA 2005, 2007
ADULT TOBACCO SURVEY
INDICATORS FOR PROMOTING QUITTING AMONG ADULTS**

	2005		2007	
	P.E. ¹	95% C.I. ²	P.E. ¹	95% C.I. ²
<i>Short Term</i>				
Percent of current or former smokers who used medication or classes or counseling assistance the last time they tried to quit smoking	25%	20% - 31%	30%	25% - 35%
Percent of current or former smokers who used assistance such as classes or counseling the last time they tried to quit	2%	1% - 4%	3%	2% - 5%
Percent of current smokers who are seriously considering stopping smoking in the next six months	55%	50% - 60%	59%	54% - 64%
Percent of current smokers who are planning to stop smoking in the next 30 days	27%	22% - 31%	30%	26% - 36%
Percent of smokers who know about available cessation services such as quitlines, health clinic services	*	*	84%	80% - 88%
Percent of PA adults who had a doctor, nurse, or other health care professional (hcp) ask if they smoked in past year	65%	63% - 67%	69%	67% - 71%
Percent of PA adults who were asked by a dentist if they smoked	*	*	34%	32% - 37%
Percent of smokers who were advised by a doctor nurse or other hcp not to smoke	67%	61% - 73%	75%	70% - 80%
Percent of smokers who were prescribed a patch or other med	37%	30% - 44%	40%	34% - 47%
Percent of smokers who were advised to set a date to stop smoking by	24%	19% - 31%	24%	18% - 30%
Percent of smokers who were advised to use a class or counseling	17%	13% - 23%	23%	18% - 29%
Percent of smokers who were provided booklets, videos, or other materials	22%	17% - 29%	25%	20% - 32%
Percent of smokers who had a health care professional actively assist them in an attempt to quit smoking	50%	43% - 57%	60%	53% - 66%
<i>Intermediate Term</i>				
Percent of current smokers who have stopped smoking for 1 day or longer in attempt to quit in past year	46%	41% - 51%	51%	46% - 57%
<i>Long Term</i>				
Percent of former smokers who have sustained abstinence from cigarettes for 6 months or longer	94%	91% - 95%	92%	89% - 94%
Percent of PA adults who have smoked 100 cigarettes in their lifetime	46%	44% - 48%	47%	45% - 49%
Percent of PA adults who now smoke every day or some days	21%	19% - 23%	23%	21% - 25%
Percent of PA adults who now use smokeless tobacco every day or some days	3%	2% - 4%	5%	4% - 6%



Indicates that the difference is statistically significant, as defined by non-overlapping confidence intervals

1 P.E. is the prevalence estimate

2 C.I. is the 95% confidence interval

* Question was not asked in 2005 survey