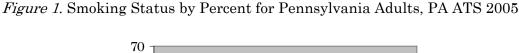
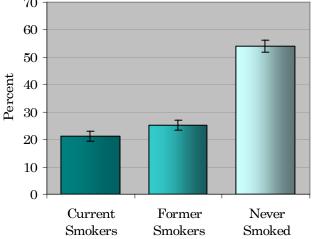
Tobacco Use

Smoking Status

Most Pennsylvania adults do not smoke. According to the Pennsylvania Adult Tobacco Survey (PA ATS), conducted in spring of 2005, 21 percent (CI:19-23) of Pennsylvania adults are current smokers. A current smoker is defined as an adult who has smoked 100 or more cigarettes in their lifetime, and smokes some days or every day. While over one out of five Pennsylvania adults is a current smoker, according to the ATS, one of every four Pennsylvanians has quit smoking. In addition, over half of those surveyed never smoked regularly.





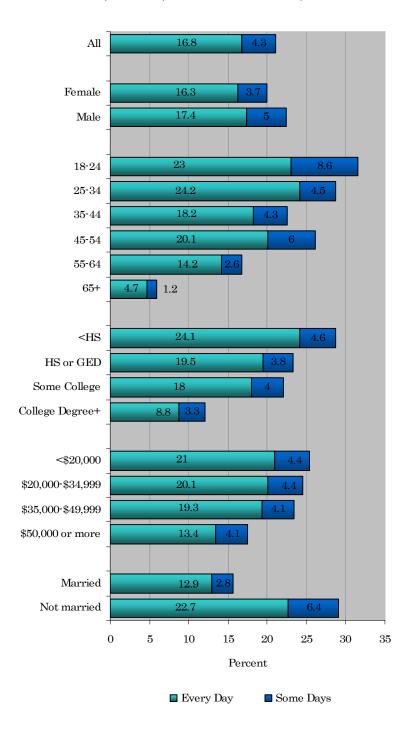
Smoking Status	%	95% CI
Current Smokers	21.1	19.3-23.0
Former Smokers	25.0	23.3-26.8
Never Smoked	53.9	51.8-56.0

Use of cigarettes varies depending on sex, age, education, family income, and marital status. Figure 2 shows the prevalence of cigarette use in these subpopulations. Cigarette use prevalence is divided into those who answered that they smoke cigarettes every day, and those who reported smoking some days.

When examined by age, the highest current smoking rates are among those who are 18-24 years old. The 18-24 year-olds were also more likely than other groups to smoke some days. The smoking rate generally declines with age. The lowest smoking rate is among the oldest population, those 65 and over, who smoked at a rate of only six percent (CI:4-9).

Smoking rates vary significantly by education. Rates decline with higher educational status. Those who have not completed high school smoke at a rate of nearly 29 percent (CI:19-44), while the Pennsylvania adults who reported having a college degree or more education had a rate of just over 12 percent (CI:9-17).

Figure 2. Percentage of Pennsylvania Adults Who Smoke Cigarettes by Sex, Age, Education, Income, and Marital Status, PA ATS 2005



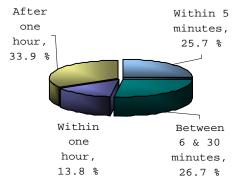
Demographics	Every Day	95% CI	Some Days	95% CI
All Adults	16.8	15.2-18.5	4.3	3.4-5.4
Sex				
Female	16.3	14.3 - 18.5	3.7	2.7 - 4.9
Male	17.4	14.9-20.2	5.0	3.6-6.8
Age				
18-24	23.0	16.9-30.6	8.6	4.7 - 15.0
25-34	24.2	19.2-30.0	4.5	2.5 - 8.0
35-44	18.2	14.9 - 22.1	4.3	2.7 - 6.7
45-54	20.1	16.6 - 24.1	6.0	4.2 - 8.4
55-64	14.2	11.1-17.9	2.6	1.5 - 4.7
65+	4.7	3.3-6.6	1.2	0.6-2.4
Education				
<hs< td=""><td>24.1</td><td>17.2 - 32.7</td><td>4.6</td><td>1.8-11.1</td></hs<>	24.1	17.2 - 32.7	4.6	1.8-11.1
HS or GED	19.5	16.8 - 22.5	3.8	2.8 - 5.3
Some College	18.0	14.5 - 22.1	4.0	2.5 - 6.2
College Degree+	8.8	6.9-11.3	3.3	2.1 - 5.2
Income				
<\$20,000	21.0	16.6 - 26.1	4.4	2.5 - 7.7
\$20,000-\$34,999	20.1	16.5 - 24.2	4.4	2.8 - 6.9
\$35,000-\$49,999	19.3	15.4 - 23.9	4.1	2.2 - 7.6
\$50,000 or more	13.4	11.0-16.2	4.1	2.8 - 5.9
Marital Status				
Married	12.9	11.1-14.8	2.8	2.1 - 3.8
Not married	22.7	19.8-26.0	6.4	4.7 - 8.7

Cigarette Consumption

Current smokers consume, on average, approximately 15 cigarettes per day. Those who smoke every day represent approximately 80 percent of current smokers, and smoke on average 18 cigarettes per day. Occasional smokers represent the other 20 percent of smokers, and consume approximately 6 cigarettes on the days that they smoke.

How soon a cigarette is smoked after waking was asked in the PA ATS. Approximately one of every four Pennsylvanians who smoke has their first cigarette within five minutes of waking. A little over half of respondents reported having their first cigarette within 30 minutes of waking, as shown in Figure 3 below.

Figure 3. Percent Distribution of Adults Reported Time Until First Cigarette After Waking, PA ATS 2005



%	95% CI
25.7	21.5-30.3
26.7	22.5 - 31.3
13.8	10.6 - 17.8
33.9	29.3-38.8
	25.7 26.7 13.8

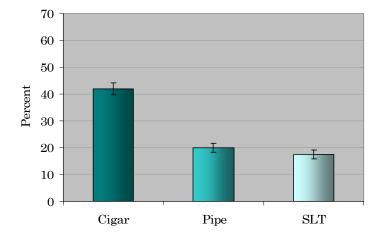
Ever Use of Other Tobacco Products

Many Pennsylvania adults have tried other tobacco products. Over forty percent (42±2%) of Pennsylvania adults have ever used cigars. Nearly one out of every five (20±2%) resident adults has used a pipe and one out of every six (17±2%) Pennsylvanians has used a smokeless tobacco product (such as chewing tobacco or snuff) at least once.

There are significant differences among demographic groups in the use of these tobacco products. Men have smoked cigars approximately three times more often then women (see table below). Men have used both pipes and smokeless tobacco nearly six times more often than women.

Age also shows different trends. Pennsylvanians aged 18-44 are significantly more likely $(24\pm4\%)$ to have used smokeless tobacco than those 45 and older $(11\pm2\%)$. On the other hand, adults aged 45 and over are more likely to have ever used a pipe $(27\pm2\%)$ than younger adults $(13\pm3\%)$.

Figure 4. Percentage of Pennsylvania Adults Who Ever Used Tobacco Products Other Than Cigarettes, PA ATS 2005



Smoking Status	%	95% CI
Cigar	41.9	39.8-44.1
Men	64.4	61.1-67.6
Women	21.5	19.3-23.9
Pipe	19.9	18.3-21.7
Men	35.5	32.4 - 38.7
Women	5.8	4.7 - 7.2
SLT	17.4	15.7-19.3
Men	30.9	27.8 - 34.2
Women	5.1	3.9-6.7

Current Use of Other Tobacco Products

Despite the fact that twice as many adults have ever used cigars as smokeless tobacco, smokeless tobacco (snuff, dip, chew, etc) is the second most common tobacco product currently used by Pennsylvania adults. Current use is defined as use of the tobacco product during the past 30 days. Smokeless tobacco was reported currently used by 3.2 percent (CI:2.4-4.3) percent of those surveyed. Other products have smaller use rates. Only 1.4 percent (CI: 0.7-2.7) of those surveyed reported current use of cigars. Current use of a pipe was reported by 0.9 percent (CI:0.4-2.1).